



Sex Education at Planned Parenthood of Delaware

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We believe ALL people have the right to...

- Age-appropriate & medically accurate info.
- Answers to questions without shame or judgment
- Info. & skills needed to protect health
- Inclusive sex education classrooms, resources, & info.



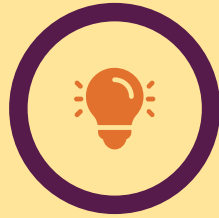
National Council on Independent Living

“Sex Ed for People with IDD: An Introduction”





Sex Education for People with IDD at Planned Parenthood



- Customized, individual education
- Group education
- Parent / caregiver workshops
- Professional training
- Conference and guest speaking



Email
education@ppde.org
for more info.



YOU'RE IN CHARGE.



A Customizable Sex and Relationship
Education Program for Self-Advocates with
Intellectual and Developmental Disabilities

Teaching Resource

Email education@ppde.org for a free copy!

You're in Charge Topics:

- Body parts
- Pregnancy & birth
- Parenting
- Boundaries
- LGBTQ+
- Masturbation
- Sexually explicit media
- Sexual assault & abuse
- Healthy relationships
- Consent
- Online safety
- STIs, contraception, condoms
- Sexual self-advocacy

Education & Support Group

- For LGBTQ+ adults with IDD & allies
- Learn LGBTQ+ identities & social issues
- Socialize with new friends
- Advocate for yourself and others
- Have fun! Food, gift cards & swag
- Email education@ppde.org for info.



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Thanks!

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