

# The Lifespan Wavier vs. Long Term Support Services

## Understanding Your Options



## PROGRAM COMPARISON – DIAMOND STATE HEALTH PLAN (DSHP) PLUS and DDDS HCBS LIFESPAN WAIVER

The purpose of this chart is to help you decide what services will be best for you right now in your life. It will show you what you might be able to get if you choose the Diamond State Health Plan (DSHP) Plus program administered by the Medicaid Managed Care Organizations (MCO) or what you might be able to get under the DDDS HCBS Lifespan Waiver. If you meet the criteria to get services from both programs, you must choose the one you want. You can't get services from both at the same time.

	DSHP PLUS	DDDS WAIVER
Case Management	✓  MCO Case Manager	✓  Community Navigator or DDDS Support Coordinator
<b>Living Setting Options (Other Than Your Own Home)</b>		
Nursing Facility	✓	
Assisted Living Facility	✓	
<ul style="list-style-type: none"> <li>• Neighborhood Group Home</li> <li>• Community Living Arrangement (<u>i.e.</u>, staffed apartment)</li> <li>• Shared Living</li> </ul>		✓
<b>Other Services and Supports</b>		
Personal Care Services/Attendant Care Services	✓	✓  * <u>limit</u> of \$2,700 per year (combined with respite benefit)
Supported Living (in a setting owned or leased by the individual)		✓  * <u>up</u> to 40 hours per week
Respite	✓  * <u>up</u> to 14 days/ <u>yr.</u> in the home or in Nursing/Assisted Living Facilities	✓  * <u>up</u> to \$2,700/ <u>yr.</u> (combined with personal care benefit) in home, respite camp, shared living, ICF-IID
Support for Consumer Direction of Personal Care/Attendant Services	✓	✓

Adult Day Services	✓	
Day Habilitation for People with Acquired Brain Injury	✓	
Day Habilitation for People with Intellectual/Developmental Disability		✓
Pre-vocational Service		✓
Supported Employment		✓
Cognitive Services for Individuals with Acquired Brain Injury	✓	
Behavioral Consultation		✓
Nurse Consultation		✓
Minor Home Modifications	✓  *\$6,000 per project; \$10,000 per year; \$20,000 lifetime	✓  *\$6,000 every five years (combined with vehicle modifications)
Vehicle Adaptations		✓  *\$6,000 every five years (combined with home modifications)
Emergency Response System	✓	
Home-delivered Meals	✓	
Specialized Durable Medical Equipment	✓	✓
Assistive Technology Services		✓  *\$500 maximum
Community Transition Services	✓  *Up to \$2,500 for each move	✓  Up to \$4,000 every 10 years

In addition to the enhanced benefits available to individuals enrolled in DSHP Plus or the DDDS Lifespan Waiver, enrollees are also eligible for all other Medicaid State Plan Services such as physician and hospital services.

For more [information](#) please refer to the full document "Choosing the Program That's Best for You"

# Home and Community Based Services (HCBS) Medicaid Application Process

State of Delaware Department of  
Health and Social Services

Division of Medicaid and Medical  
Assistance



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# What are the HCBS Medicaid options in Delaware?

Medicaid has two ways of providing Home and Community Based Services (HCBS) for Long Term Care (LTC) Medicaid recipients in Delaware:

1. Division of Medicaid and Medical Assistance (DMMA)  
Diamond State Health Plan Plus (DSHP+)
2. Division of Developmental Disabilities Services (DDDS)  
Lifespan Waiver

Division of  
Medicaid and Medical  
Assistance (DMMA)  
Diamond State Health  
Plan Plus (DSHP+)

What is DSHP+?

How to Apply

How Eligibility Is Determined

What Information Is Required

Effective Date of Coverage



## What is DSHP+?

- DSHP+ increases access to HCBS for individuals with at least one activities of daily living (ADL) deficit through enhanced coordination of care and supports, expanded consumer choices, and the improvement of health services delivered to individuals in the community.
- DSHP+ includes the Home and Community Based waiver populations who receive services through DMMA. These groups include:
  - Elderly and disabled
  - Assisted Living
  - Acquired Brain Injury
  - Individuals with AIDS/HIV

# How to Apply

- You may apply for DMMA DSHP+ by:
  - Calling the DMMA Central Intake Unit (CIU) at 1-866-940-8963
  - E-mailing a completed application for LTC Medicaid to the CIU Resource Mailbox:  
[DHSS\\_DMMA\\_CIU@delaware.gov](mailto:DHSS_DMMA_CIU@delaware.gov)
  - Completing and submitting an application for LTC Medicaid through the ASSIST Self-Service website:  
<https://assist.dhss.delaware.gov>



# How Eligibility Is Determined

- Eligibility for DSHP+ is two-fold:
  - The DMMA Pre-Admission Screening (PAS) Unit determines an applicant's medical eligibility and level of care (LOC) for DSHP+.
  - DMMA Senior Social Worker/Case Managers determine an applicant's financial and technical eligibility for DSHP+.
- Eligibility for DSHP+ will be determined within **ninety (90) days** of the date of application.
  - Applications are processed as quickly as possible in the order of receipt.
  - The length of time it takes to complete a determination of eligibility for DSHP+ varies based on the situation, need to request additional documentation, and how quickly requested information is returned.

# What Information Is Required

- Contact Information (address, e-mail, phone number, etc.)
- Date(s) of Birth
- Household Members and Relationships
- Social Security Number(s)
- Tax Filing Status
- \*Verification of Income
- \*\*Verification of Resources

\*This information will only be requested if we cannot verify it electronically through established databases.

\*\*This information may or may not be required depending on the household.

## Effective Date of Coverage

- The effective date of an individual's coverage through DSHP+ for HCBS is based on MCO enrollment.
- There is no retroactive coverage available for DSHP+ HCBS recipients.
- Coverage begins on the first day of the month in which the individual's MCO enrollment is effective.

DMMA  
Contact  
Information

Staci Marvel

*Social Service Chief Administrator*

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Phone: (302) 424-7194

# Division of Developmental Disabilities Services (DDDS)



The DDDS Family Resource Coordination Unit provides DDDS specific support for those individuals who are dually eligible for DDDS and DSHP+.

If an individual is supported by a Family Resource Coordinator, they would not have a Columbus Community Navigator.



# **DDDS Office of Applicant Services**

Woodbrook Professional Center

1052 South Governor's Avenue, Suite 101  
Dover, DE 19904

Dial: (302) 744-9700

Toll Free: 1-866-552-5758

DDDS  
Contact  
Information

**New Castle County**

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